

ALLERGY & INGREDIENT GUIDE

TORTILLAS & TOPPING

Vegan

PRODUCT	Is it Vegetarian?	Is it Vegan?	Dairy, Milk and Milk Products	Eggs and Egg Sources	MSG	Wheat	Mustard	Garlic	Soy	Vegetable Oil - Canola, Soybean* or Palm**	Peanuts	Tree Nuts	Sesame Seeds	Sunflower and Poppy Seeds	Shell Fish
Tortilla White	Yes	Yes	No	No	No	Yes	No	No	No	Yes	No	No	No	No	No
Tortilla Whole Wheat	Yes	Yes	No	No	No	Yes	No	No	No	Yes	No	No	No	No	No
Tortilla Gluten Free	Yes	Yes	No	No	No	No	No	No	Yes	Yes	No	No	No	No	No
Tortilla 6 inch	Yes	Yes	No	No	No	Yes	No	No	No	Yes	No	No	No	No	No
Beans	Yes	Yes	No	No	No	No	No	Yes	No	Yes	No	No	No	No	No
Rice	Yes	Yes	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Noodles	Yes	Yes	No	No	No	Yes	No	No	Yes	Yes	No	No	No	No	No
Cheese	Yes	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No
Lettuce	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No
Green Onions	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No
Jalapenos	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No
Cilantro	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No
Sauteed Veggies	Yes	Yes	No	No	No	No	No	Yes	No	Yes	No	No	No	No	No
Pico De Gallo	Yes	Yes	No	No	No	No	No	Yes	No	Yes	No	No	No	No	No
Coleslaw	Yes	Yes	No	No	No	No	No	Yes	No	Yes	No	No	No	No	No
Crunchies - Tortilla Chips	Yes	Yes	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Guacamole	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No
Sour Cream	Yes	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No
Burrito Sauce	No	No	Yes	Yes	No	No	Yes	Yes	Yes	Yes	No	No	No	No	No
FB Hot Sauce	Yes	No	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	No	No	No	No	No

Vegan CHICKEN, PORK, BEEF, FISH, SHRIMP, TOFU & SWEET POTATO

PRODUCT	Is it Vegetarian?	Is it Vegan?	Dairy, Milk and Milk Products	Eggs and Egg Sources	MSG	Wheat	Mustard	Garlic	Soy	Vegetable Oil - Canola, Soybean* or Palm**	Peanuts	Tree Nuts	Sesame Seeds	Sunflower and Poppy Seeds	Shell Fish
Baked Chicken	No	No	No	No	No	No	May Contain	Yes	No	Yes	No	No	No	No	No
Chicken Fingers	No	No	No	No	No	Yes	No	Yes	No	Yes	No	No	No	No	No
Pulled Pork	No	No	No	No	No	No	No	Yes	No	Yes	No	No	No	No	No
Ground Beef	No	No	No	No	No	No	No	Yes	No	Yes	No	No	No	No	No
Pulled Beef	No	No	No	No	No	No	No	Yes	No	Yes	No	No	No	No	No
Battered Fish	No	No	Yes	Yes	No	Yes	No	No	No	Yes	No	No	No	No	No
Shrimp	No	No	No	Yes	No	No	Yes	Yes	No	Yes	No	No	No	No	Yes
Tofu	Yes	Yes	No	No	No	No	No	No	Yes	Yes	No	No	Yes	No	No
Sweet Potato	Yes	Yes	No	No	No	No	No	Yes	No	Yes	No	No	No	No	No

Vegan

SAUCES

PRODUCT	Is it Vegetarian?	Is it Vegan?	Dairy, Milk and Milk Products	Eggs and Egg Sources	MSG	Wheat	Mustard	Garlic	Soy	Vegetable Oil - Canola, Soybean* or Palm**	Peanuts	Tree Nuts	Sesame Seeds	Sunflower and Poppy Seeds	Shell Fish
Buffalo Sauce	Yes	Yes	No	No	No	No	No	Yes	No	No	No	No	No	No	No
Chipotle Aioli	Yes	No	Yes	Yes	No	No	Yes	Yes	Yes	Yes	No	No	No	No	No
Tequila Lime	Yes	Yes	No	No	No	No	Yes	Yes	Yes	No	No	No	No	No	No
Sweet Chili Thai	Yes	Yes	No	No	No	No	No	Yes	No	Yes	No	No	No	No	No
Burrito	Yes	No	No	Yes	No	No	Yes	Yes	No	Yes	No	No	No	No	No
FB Hot Sauce	Yes	Yes	No	No	No	No	Yes	Yes	No	Yes	No	No	No	No	No
FISH/SHRIMP	No	No	Yes	Yes	No	Yes	Yes	Yes	No	Yes	No	No	No	No	No/Yes

Battered Fish	No	No	Yes	No	No	Yes	May Contain	No	May Contain	Yes	No	No	No	No	May Contain
Shrimp	No	No	No	Yes	No	No	Yes	Yes	No	Yes	No	No	No	No	Yes
Tortilla 6 inch	Yes	Yes	No	No	No	Yes	No	No	No	Yes	No	No	No	No	No
Green Onions	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No
Coleslaw	Yes	Yes	No	No	No	No	No	Yes	No	Yes	No	No	No	No	No
Chipotle Aioli	Yes	No	No	Yes	No	No	Yes	Yes	No	Yes	No	No	No	No	No
Pico De Gallo	Yes	Yes	No	No	No	No	No	Yes	No	Yes	No	No	No	No	No
TEQUILA LIME CHICKEN TACO	No	No	Yes	No	No	Yes	Yes	Yes	Yes	Yes	No	No	No	No	No
Baked Chicken	No	No	No	No	No	No	May Contain	Yes	No	Yes	No	No	No	No	No
Tortilla 6 inch	Yes	Yes	No	No	No	Yes	No	No	No	Yes	No	No	No	No	No
Cheese	Yes	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No
Lettuce	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No
Tequila Lime Sauce	Yes	Yes	No	No	No	No	Yes	Yes	Yes	No	No	No	No	No	No
Pico De Gallo	Yes	Yes	No	No	No	No	No	Yes	No	Yes	No	No	No	No	No
GROUND BEEF TACO	No	No	Yes	No	No	Yes	No	Yes	No	Yes	No	No	No	No	No
Ground Beef	No	No	No	No	No	No	No	Yes	No	Yes	No	No	No	No	No
Tortilla 6 inch	Yes	Yes	No	No	No	Yes	No	No	No	Yes	No	No	No	No	No
Cheese	Yes	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No
Lettuce	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No
Jalapeno	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No
Salsa	Yes	Yes	No	No	No	No	No	Yes	No	Yes	No	No	No	No	No
Sour Cream	Yes	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No

Vega

DESSERT

PRODUCT	Is it Vegetarian?	Is it Vegan?	Dairy, Milk and Milk Products	Eggs and Egg Sources	MSG	Wheat	Mustard	Garlic	Soy	Vegetable Oil - Canola, Soybean* or Palm**	Peanuts	Tree Nuts	Sesame Seeds	Sunflower and Poppy Seeds	Shell Fish
Fried Mars Bar	Yes	No	Yes	Yes	No	Yes	No	No	No	Yes	No	No	No	No	No
Churro Chips	Yes	Yes	No	No	No	Yes	No	No	No	Yes	No	No	No	No	No

Guacamole made Fresh in Store from Fresh Ripe Avocados

Tortillas White, Wheat, and 6" Made in Canada from Canadian Grown Artisan Flour NON GMO

utEn FrEE Tortilla ate 1000's these and this ie is the best tasting Gluten Free Tortilla on the planet. Enjoy!



Raised by a CANADIAN FARMER

ChEES 100% Real Cheese, no vegetable or soy oil filler, the perfect blend of Monterey Jack and Cheddar, made in Canada just for us. Its the best!



FOOD SAFETY • ANIMAL CARE • TRACEABILITY

VERIFIED CANADIAN PORK

FARM TO TABLE QUALITY ASSURANCE

*Highly refined soy oil is not required to be labeled as an allergen. Studies show that most people with soy allergy can safely eat highly refined soy oil as well as soy lecithin. If you are allergic to soy, ask your doctor whether you need to avoid soy oil or soy lecithin.

Source: <http://www.kidswithfoodallergies.org/page/soy-allergy.aspx>

**Palm oil is a common ingredient used in many foods. Palm oil is generally not considered a cause of allergic reactions. If you are experiencing problems you think are associated with palm oil or allergies, please visit your physician or allergist

Source: <https://www.bestfoodfacts.org/palm-oil-allergies/>